

**SEXUAL ASSAULT HOTLINES**  
24-HOURS A DAY • 7 DAYS A WEEK

**FOR IMMEDIATE ASSISTANCE,  
ADVOCACY AND REFERRALS**

**BROOME COUNTY**  
607.722.4256

**CAYUGA COUNTY**  
315.252.2112

**CHENANGO COUNTY**  
1.855.966.9723

**CORTLAND COUNTY**  
607.756.6363 or 1.800.336.9622

**DELAWARE COUNTY**  
607.746.6278 or 1.866.457.7233

**HERKIMER COUNTY**  
315.866.4120

**JEFFERSON COUNTY**  
315.782.1855 or 1.866.782.1855

**LEWIS COUNTY**  
315.376.4357 or 315.376.HELP

**MADISON COUNTY**  
1.855.966.9723

**ONEIDA COUNTY**  
315.797.7740

**OSWEGO COUNTY**  
315.342.1600 or 315.342.7618 or  
1.877.342.7618

**OTSEGO COUNTY**  
607.432.4855

**IF YOU NEED LEGAL HELP BECAUSE OF A  
SEXUAL ASSAULT, CONTACT THE LEGAL  
AID SOCIETY OF MID-NEW YORK:**

**1-833-400-YANA (9262)**

**Toll-Free • M-F 9am-5pm**

**[www.lasmny.org](http://www.lasmny.org)**

**BINGHAMTON OFFICE**  
168 WATER ST. 2ND FL  
BINGHAMTON, NY 13901

**ONEONTA OFFICE**  
189 MAIN ST. SUITE 401  
ONEONTA, NY 13820

**OSWEGO OFFICE**  
108 WEST BRIDGE ST  
OSWEGO, NY 13126

**SYRACUSE OFFICE**  
221 S. WARREN ST. SUITE 310  
SYRACUSE, NY 13202

**UTICA OFFICE**  
120 BLEECKER STREET  
UTICA, NY 13501

**WATERTOWN OFFICE**  
215 WASHINGTON ST #202  
WATERTOWN, NY 13601

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**LSC** | America's Partner  
for Equal Justice  
LEGAL SERVICES CORPORATION

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Legal Services Corporation



**ARE YOU A  
VICTIM OF  
SEXUAL ASSAULT?**



**You Are Not Alone**

**FREE  
LEGAL SERVICES  
CAN HELP**

If you are a victim of sexual assault, you are not alone. 1 in 3 women, and 1 in 6 men, are sexually assaulted during their lifetime. Sexual assault is never your fault. Trauma from sexual assault can affect many areas of your life.



I am concerned about my health or medical issues.



I am worried about my privacy and other people finding out about my assault.



I do not feel safe where I live and/or I am worried about my physical safety.



I have problems with student loans or other financial issues.



I am worried about school.



I am concerned about my immigration status.



I am confused about the criminal or civil justice system.



I am worried about my job.

If you are a victim of sexual assault, and you checked any of these boxes, please contact the Legal Aid Society of Mid-New York. Our services are **FREE, PRIVATE and CONFIDENTIAL.**

One of our attorneys can explain your legal options. If English is not your first language, we will provide a free confidential interpreter.